

Changing the World Together
influenced by my interpretation of the teaching of the Kabbalah

There is no “together” as there is only ONE. We humans, functioning primarily from a personal understanding of the self, that is to say, centered in ego, do not see the ONE. We now know from science there is only that Oneness, but we hardly know how to release ourselves from our personal selves to walk into this stage of understanding. Yet in this stage of understanding is where we will come into the unified understanding of wholeness, collaboration, meeting the needs of the other and functioning as a healthy body of a living source. Our times dictate that necessity of knowing this. We are at the verge of destroying all that we see as separate. This is the teaching of the times. Our egos of personal greed demand that we destruct or learn that we ARE that which we see as separate. Now is the time.....a precious time of learning here on Earth. Education...*to bring forth*...leads the way.

In education now we must look to describe the universals. By asking pertinent questions and consciously taking time for assimilation and reflection on the Oneness of all, we see and know that all people want peace and harmony, our needs fulfilled and a life of connecting in relationship to another (*i.e.*, to love and be loved). These are really simple wants but hard to achieve.

It is not enough for us to support diversity through tolerance and justice. We must first comprehend our primal unity by looking at our Oneness, then dress and address the differences from there. If, as humans, we are 99.9% the same in genome theory then we must start to realize that separateness is the result of minds centered on defining ego.

To educate the coming generations we must give them ample opportunity to know that they must remember to seek that point of unity. There is evolutionary history and now each coming generation has a closer consciousness to fully understand the potential of moving into this point of unity. We as humans are given the choice...to fortify the ego or to live in conscious collaboration. The world changes as we change. Culture is an extension of men and women’s minds. The next generation may build the coming culture of spiritual activation.

To develop models of remembering and learning of how to come into this perfection we must start with seeking the point in the heart where we can experience the climbing of the ladder into the higher realms. It is not to find GOD but to know GOD as the perfected self as the cells in the body of the wholeness of all of life. As one consciously becomes a part of this One Life, one no longer experiences separateness. Thus loneliness no longer appears and one can experience full purpose of reflecting all-that-is through daily living. Spirituality is living in this perfected state.

Our intention now must be to move into full collaboration, working with youth around the world to learn what they know which is that they are one family finding their universal point of sameness rather than accepting differences as defining of the self. Together, we must experience the One Life. Processes such as mirroring in dyads and

then in group and then in virtual world meetings can be instrumental in achieving this potential. There is a yearning and an internal recognition, and thus a dropping of an outer limitation, for finding one's communion.

The sequenced processes are a re-enactment of a human's development from the need for establishing the "I" to being able to feel the other and walk in his shoes, to be as the other, and to finally realize one is the other and the self. This is accomplished through the process of giving, as one can not give what one does not have. As one matures in the ladder of spiritual development the more one is able to give to the whole without a particular object or expectation of return. Thus in the baby stage of needs one only wants for the little self ego to be met and then as one matures one can see giving as a pleasure. One still wants in return for this giving. Later on, one experiences giving as a state of being. Finally one knows this giving is giving to the self as the other as the Creator and the whole.

Teaching this, or let me say, offering this as a workshop for individuals to know what they know, begins with allowing to call forth individuality until it becomes so boring and so unnecessary. Asking questions is more productive than giving answers: questions like what is spirituality..is it living ethics, what is oneness and where are we in our human evolution? These questions automatically lead to remembering we are more than our bodies, we are more than our minds, we are more than our little desires.....but then what and who are we? Young people quickly come into active spiritual reflection and their desire becomes one of desired action to be a better being, and so bring forth with others a better world. They feel internally the union and importance of this understanding and commit to a life of pursuing this into form.

Thus collaboration for a changing world becomes a movement of uniting those who have been spiritually activated and are able to release their preconceived ideas of success based on the models we as adults have inflicted upon them and allowing them to move forward in a truer form of the meaning to be a conscious human. In this transformed state all problems have solutions. In this transformed state one sees all the cross sections of understandings and misunderstandings and knows that they are connected. In this connection, in the point of union, lies the answer to the problem which never was a problem, but rather our created difference. Youth unite as one and know we are all brothers and sisters and feel great pleasure from experiencing this understanding together, as ONE. Thus our world changes one person at a time until a massive understanding shifts our perception of how to live as a conscious human family in true collaboration.

Dr. Nina Meyerhof
Children of the Earth....all of us and now