

Better The Relationship With Yourself

By Simran Vedvyas- COE Hub Leader United Arab Emirates

I represent the youth from around the world which constitutes a major segment of the total world population and I aspire for change in this world. I believe that the Youth constitute a vibrant and resourceful segment of our society. They are determined to scale greater heights.

They are the next Champions.

There can be no greater cause for development consensus; than bringing the needs, rights and expectations of the youth to the centre-stage of development concern. It is our duty to rekindle the imagination of our youth so that the nation surges ahead with added strength and vigor.

I am a believer and supporter that everyone can continue and be the person who can make a difference to simplify the life of others because in my opinion the only thing that has changed the world is **Inspiring and determined Individuals**. The Challenge today is **to adopt more sustainable lifestyles. Each one of us has a responsibility to live peacefully without jeopardizing the natural resources.**

We need to act now- We need to share our knowledge- We need to formulate knowledge into wisdom – We need to move forward together and above all ...We need to deliver the vision.

Talk by Simran Vedvyas- *Torch bearer of Olympic flame during London 2012 Olympic Games, a social campaigner and 'star' student from Dubai UAE*

