



## October News

### Greetings!

Share the journey with us - the Children of the Earth.

"Spirituality is being true. Spirituality is being humble. Spirituality is reaching out to those who need help and be family. Spirituality needs no words but deeds."

Ishtar Woschek

## Jimmy Lama, Nepal



I was born to a family whose ancestral origin can be traced down to Tibetan roots in a hidden valley called Yolmo in the north-eastern part of Nepal. The Yolomos, as our people are called, are an indigenous people. Traditionally, we do not speak Nepali and have a unique culture and traditions. I studied in a local school called Yangrima Boarding School, located in my home region, up until my secondary education. I came to the city of Kathmandu after my 17 years of culturally-rooted, yet modernly adapted education, in the pursuit of

advancing myself in a more modern world. A drastic transformation that I had to go through in city life, where even using a telephone was "exotic" for me at the beginning, let alone the modern life-blood: a computer. These were moments of incredible challenge. None of the properties I had within me and the skills I had acquired in my mountainous hometown were either recognized or useful in the city. In other words, I was like a baby, but already at the age of 17. Not knowing what was next for me, I just followed the trend. Climbing the stairs of education all the way through to the completion of my Bachelors Degree would not have been possible without the support I received from generous friends. I then came to a halt and asked myself: "What's next?"

Pursuing an advanced education was certainly a pat answer and I have climbed some successful stairs towards that. However, by reason and destiny, I stepped down off it "to climb the real stairs of my life". What is the world lacking? More educated people? Yes, no doubt, but it is more than that. Most of the government offices and politics are run by educated people, then "Why are things still looking so bad?" was a question in my mind. Is it prosperity that we lack? I doubt it, because we could afford to dance on the moon and place our objects of creation outside where life can't even exist. Now when I say "we", I mean human beings, because I am not an American. We cry out that there is great poverty. True, but it is disparity more than just poverty. Nepal, one of the poorest countries in the world, from what I see is not the poorest land at all by any definition. Not everyone is poor in Nepal, and there is no one who cannot be richer. There was a realization inside me that there is a game on play that is obstructing the reality. So, then how do I find the reality and educate or develop myself for an eye to see what exists beyond the material world?

I believe that "if your quest is intense enough, you will find a route". Probably by virtue of this law I fell into the network of Children of the Earth in 2006. I found in it a home for awareness, consciousness-oriented creativity, deeper connections and greater unity, all of which is housed inside a belief in the power of spirituality. In the beginning, it was a bit odd to consider myself spiritual. It sounded so immaterial, intangible and that it may not contribute to any accomplishment in my life. People generally tend to define spirituality through a religious lens. Older generations view spirituality as part of religion, so they accept it without question, while the younger generation often doesn't accept it, because it is not "cool". This misunderstanding has created a deep gap in the discovery of the fact and the reality. Spirituality is not about renunciation or abandonment of the material world, but building of an immense power for acceptance, respect, love, and sharing that leads to ONENESS.

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## Humanitarian Alert!

**PHILIPPINES:** As the world was able to monitor what transpired in greater Manila area and the neighboring areas, no one knows that I, together with my brothers, Teroy and our youngest, Rudy JR. were swimming too for our lives on that very day of Sept. 26, 2009. Our rented room at Mandaluyong was flooded. The water has gone up to 7ft. that drowned our little things, whatever we had left.

We are thankful to the 2 storey house nearby that gave us shelter until the water subsided - after 28hrs. After cleaning what was left to us, I called my fellow Rotaractors to start out the preparations of the relief operations that we are going to make to reach people in dire need. We made a solicitation of goods right away from all the people we can touch and tap. We did the packing right there at our rented room previously flooded, but already cleaned. In the middle of this event I received a text from my mother telling us that we should come home because our father is in between a life and death situation and he was calling for us to come home maybe to see us/feel us in his last few hours. Though hesitant because of the bad weather conditions we took the boat for Sibuyan. I had to give proper instructions to my fellow Rotaractors on what should be done. I have to trust them that they can be able to do the right thing even without me.

Yours,  
Christian Marx

### Especially Grateful For

Co-creating together Swiss Hub - a new group of young people in Switzerland. [Find out more ...](#)

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Privilege, power, possessions, fame, position etc., are all temporary and come-and-go. So if we are to build ourselves only on these impermanent values, then we are just working for unreal things that may only be good for one time or one generation. Eventually, we share and distribute less. The need for sharing and distribution is the simplest way to overcome all the challenges facing our stability, peace and unity. This has not been an easy thing to do even when we understand how important it is. For me, awareness is spirituality because it is a continuous process of realization and creation of permanent good.



## Innertainment

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## Children's Land near Mt. Fuji



What would happen if children were respected and empowered to design a space to foster an understanding of environmental stewardship and develop themselves as spiritually conscientious people? In the shadow of Mt. Fuji, Japan; this is a question that is being answered.

WSYC members Yuka Saionji and Joaquin Legula have worked together with the Byakko community in Japan to create a safe children's space for peace, creativity and fun; led by the idea that children can be wise and loving stewards of the land if given the opportunity. A large piece of land was gifted by the Byakko organization for this purpose. The Byakko organization was founded by Masahisa Goi and is dedicated to world peace and the raising of consciousness of every being on Earth.

At the beginning of August, children ages 2-14 from all over Japan came together for the inaugural camp. During the three days of the camp the children created art with recycled materials, hiked on trails through the forest, and played games in which they invented their own rules (a technique learned from a fellow WSYC member!). The designs for the land have all been developed by the children involved through a cooperative discussion process. They decided they wanted to build specific spaces on the land for Peace, Manifestation, Discussion, and Gratitude. During the first camp the children, elders, and youth volunteers worked together to complete the space for peace; a lovely garden in the shape of a heart surrounded by art pieces made by the children. The children even decided that there should be a 'hugging tree', a log where children can sit when they want to receive hugs from others!

This project was modeled on the Children's Lands in Peru, run by ANIA. ANIA is an NGO directed and founded by Joaquin that uses the fictional character of a young girl named Ania to teach the values of peace, sustainability and cooperation to children. In Japan, Ania has found a friend named Haruna, a newly created character who will teach Japanese children about the oneness of humanity and the importance of working for the earth and for peace. A children's book about Haruna, and her message to other children is in process!

The first gathering at the Children's Land was a huge success, and weekend camps will now occur monthly. The Children's land and Haruna will continue to reach out to more and more children to foster their growth to be creators of peace in our world.

## Evolutionary Leaders Retreat



The "Evolutionary Leaders Retreat" was held in a very peaceful and beautiful center in Malibu, California, USA From July 7-9, 2009. The retreat convened last year for the first time, organized by the

Chopra Foundation, the source of Synergy Foundation and the Association for Global New Thoughts. Thirty eight leaders in the field gathered last year included Deepak Chopra, Barbara Marx Hubbard, James O'Dea, and Gregg Braden, to create a united field of consciousness and to create a deeper conscious evolution. This year they have added some new participants, including Dr. Nina Meyerhof from Children of Earth and also a few youth members including myself (Yuka Saionji).

It was such an amazing time to be with scientists, journalits,

spiritual leaders, social activists, New York Times best sellers all coming together for a great cause. The retreat started by asking the question of who we are as "evolutionary leaders" and what are we here to offer. The discussions were very deep and meaningful. We all agreed that we are here to give the positive information and to create the shift in global consciousness, that now is the critical point for the emergence of a new consciousness. In this whole crisis we are facing (or hearing), we discussed the importance of the immense amounts of light, hope, and opportunities that lie within. We have the conviction that if we are able to unite people for a collective consciousness to work together with positive energy... we will succeed.

As a member of WSYC... and as youth participant of EL retreat, I really felt the importance of bridging the amazing leaders and youth to collaborate together towards this goal. I felt from meeting and from speaking individually with them that they give so much love, hope and respect towards youth, and they too are willing and waiting to work together!! So through media and other ways... they will definitely be sending us visions, directions and information for the future. But I feel it is for us to come up with many ways, ideas, and practical solutions on how we can work towards creating that vision in our daily lives. How as youth could we live that vision? If we are able to come up with as many wonderful daily actions, we can then be the voice and spread light, hope and action for the future working with these members.

Gregg Braden said that "with all the crisis in the past... the people that have learned to work together were the ones that survives". I think we are at a time to come together, fueled from this positive conviction to give a birth. And I feel each one of us has something to contribute to that.

## A Promising Future For the Coming Generations



If someone asked you what you could do to make the world a better place to live in, what would you say? This question was answered by 450 youth participating at the "Climate Event" in Copenhagen in August 2009.

Youth representing countries worldwide, came up with declarations that they promised to fulfil as first

steps to bring a positive Change to the way human beings interact with one another and with Mother Earth.

As a run-up to the Main Climate Event, a thousand young people from all over the world participated in a week long Climate Change Camp called "Come2gether" which took place at 11 different Folk High Schools in Denmark.

COE Chapter member Maya Lama, the president of Yolmo Urgen Pema Youth Association in Nepal, was in the camp at the Brenderup Folk High School with 10 other youngsters from 9 different countries.

During the camp the youth where invited to share their knowledge and take part in different teambuilding activities and workshops. They assisted the builders of a sustainable house made of wood and clay called "The Lotus House", visited "the self sustainable village of Hundstrup" as well as learned about the different problems caused by climate change, how it is affecting different parts of the world and how we all can contribute to solve the problem in practical ways. In one of the workshops the youth were asked to come up with ideas and actions that, they were willing to commit to, so as to become the change that they want to see in the world. Abdul Latif Tanko from Ghana and Jason Mayne from France were selected to present the group's 7 main ideas together with the ideas brought by other group representatives at the main event in Copenhagen.

A highlight of the Climate Event was to select, present and have all participants proclaim the following 7 promises:

We promise to spread the Message  
By sharing knowledge, educating, and becoming active global citizens

We promise to Consume less and smarter  
Thereby influencing production

We promise to advocate climate solutions  
By lobbying for political frames that further sustainable action

We promise to learn from nature

By seeking solutions, learning from the indigenous peoples,  
planting trees and other CO2 sinks

We promise to be the example in our everyday life  
By leading a recycling-sustainable lifestyle and becoming conscious  
about energy-transportation

We promise to care for humanity by  
Bringing hope, harmony, cooperation, fair trade, food security

We promise to act now!

Lets us all follow the example set by these courageous young  
people and let us adopt these promises in our daily lives, so that  
we can collectively help create a positive future for all generation  
to come!

In case you were wondering:

- WSYC stands for World Spirit Youth Council;
- Hubs are groups of youngsters and elders in World Spirit Youth Council dedicated to spiritual activism;
- Chapters are groups of youngsters and elders dedicated to humanitarian action.

We invite you to find out more on the Children of the Earth Website  
- [www.children-of-the-earth.org](http://www.children-of-the-earth.org).

**Sincerely,**  
Children of The Earth

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## Coming Up Next Issue

Costa Rica celebrates the creation of Ministry of Peace and Justice with all the  
country campaigns present at the 4th Global Alliance for Ministries and Departments  
of Peace: Building Bridges of Peace; What we did for International Day of Peace and  
for the Eradication of Poverty and Climate Change and other events.

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